

Program Data Sheet

Name of Program: Group Exercise Classes		
Date: Feb 2006	Day of Week: M-F	Time:
Location: Fitness Center	Information Phone #: 3090	Price: No cost
Program Coordinators: Jeanette Coffman		
Phone #: 4771	Fax #:	e-mail Address:
Purpose of the Program: Provide a variety of group training classes throughout operational hours to enhance customers exercise options.		

Actions:	
Class attendance was recorded at each session: Customer opinions were gathered.	
Results:	
Indicated on Monthly After Action Report	
Elements to Change:	
Elements to Add:	
.	

After Action Report

Financial Analysis		
Sales:		NA
COGS:		
Other Revenues:		
Labor:		
Other Expenses:		
NIBD:		

Program Analysis	
Attendance: Averages Yoga-7-20 Step 8-15 Kick Box-12 Cycle-8-full Cardio-sculpt-6-10 Step sculpt- 9 Creative cardio- 15-20	Feb 2006 Y- New participants in evening classes, attendance up in evening classes FBC-Low but steady attendance GS- Great attendance in cycle classes CS –Attendance holding steady around 5-6 participants SA-Classes are going well. SS-Class attendance holding steady. Averaging 9 participants. CCM- Great participation a featured article for casemate
Elements to Change:	
Elements to Eliminate:	
Elements to Add: March Madness in Thurs. cycle – awarding MWR towel to participant that glows the most under black lighting.	
Other Comments: Evening cycle class a success, 0900 Time change for morning cycle has resulted in increase of participation	